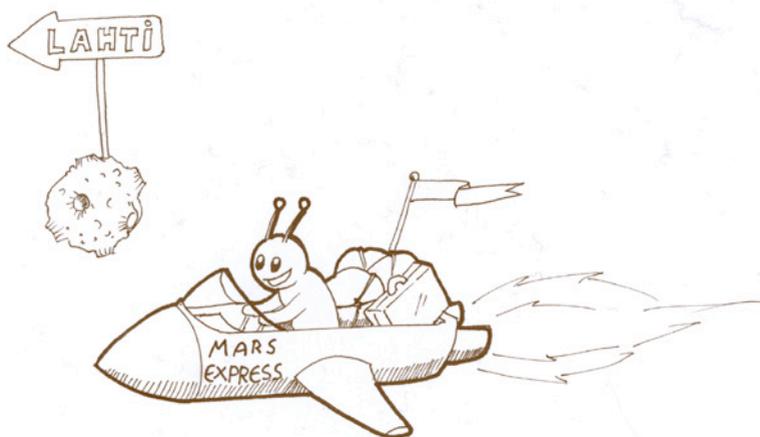
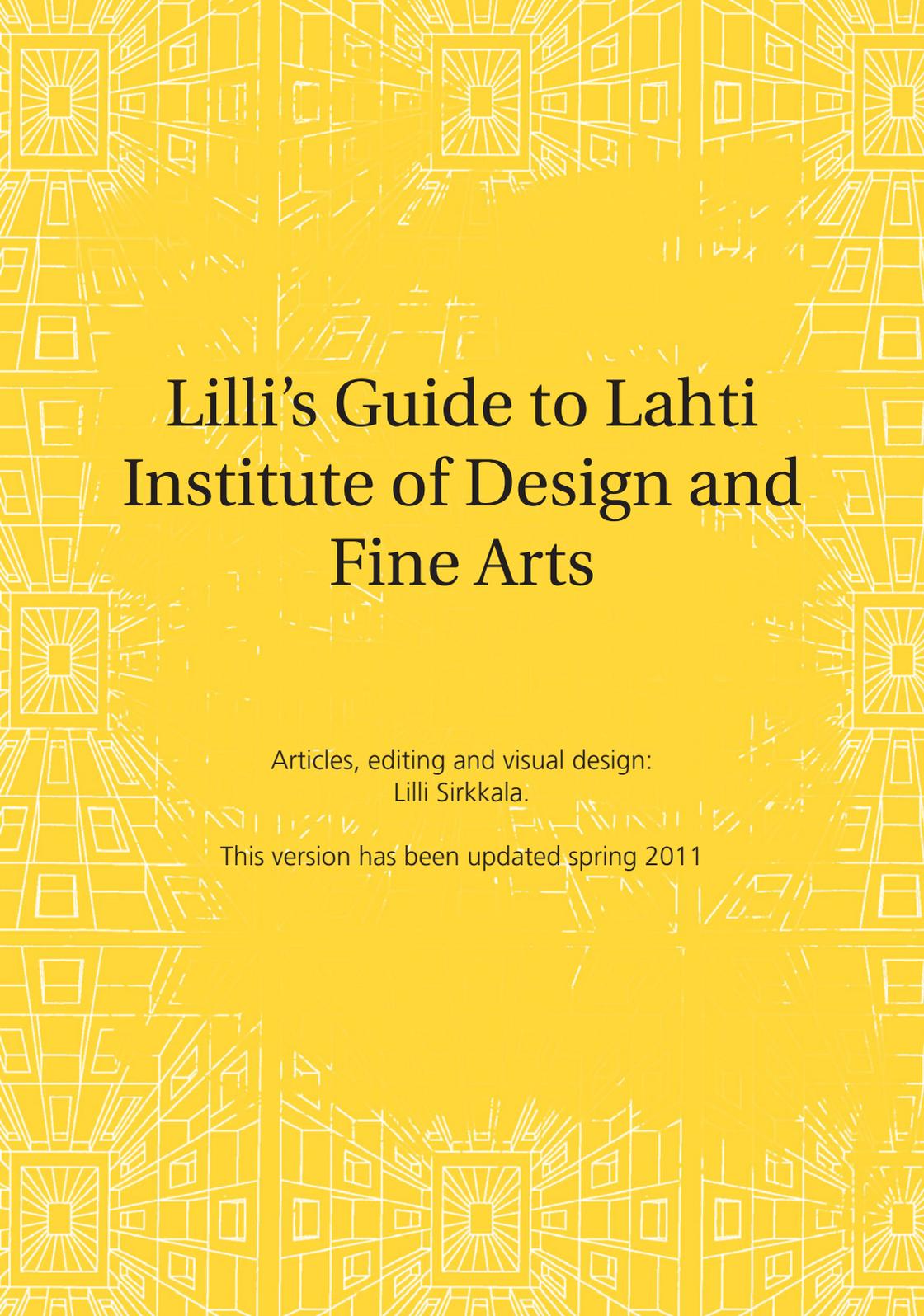


# Lilli's Guide to Lahti Institute of Design and Fine Arts







# Lilli's Guide to Lahti Institute of Design and Fine Arts

Articles, editing and visual design:  
Lilli Sirkkala.

This version has been updated spring 2011

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## About this booklet

I made this booklet to help with your familiarization of our school. I really wish that you get the best out of your exchange in Finland, and what from I've heard, it's not impossible.

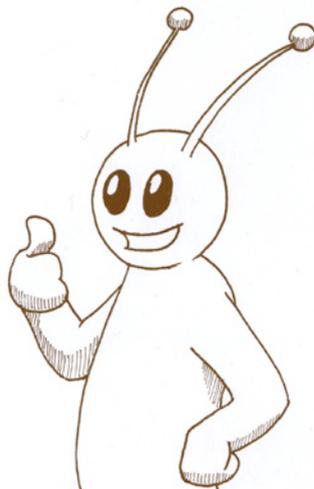
This booklet will give you very basic information about general things. It's not a full encyclopedia of our school, so you will probably have to engage into a conversation with locals for

advice, but don't worry, I've heard that we Finns are helpful and we rarely ever bite... The vampire guy in True blood is Swedish, may I remind you.

This guide is made by a student for a student, and hopefully, this makes it a bit more interesting read.

I got such great support while making this booklet and I wish to thank you all who helped in any way. Thank you.

-Lilli Sirkkala 2011



# Finland

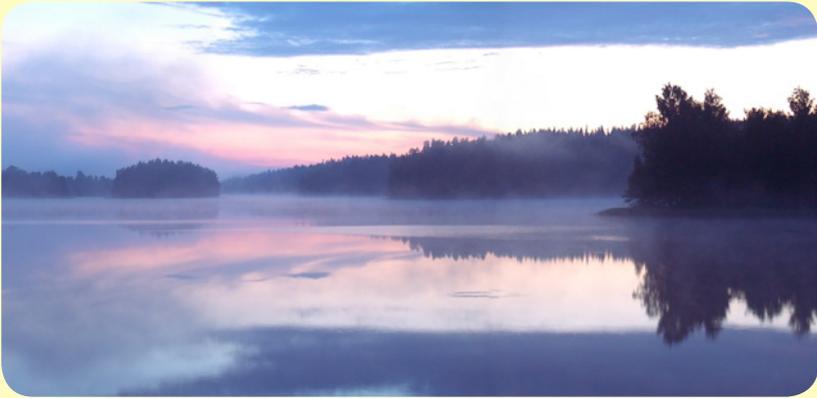


Photo: Petri Sirkkala, Karhejärvi in night time mist.

## About Finland

Finland is well known for its good education level. Finland is also known for sauna and its close relationship to lakes both in winter, in form of ice swimming in the winter and in summer for the more common practice of skinny-dipping.

We love our cottage life almost as much as we love sauna. In the summer Finland moves to the country side, if possible, and sleepy little towns, that have any kind of lake near-by, wake up.

In the autumn its possible to pick wild berries and mushrooms, in the winter it's time for skiing and ice skating. Spring is a great season to come up with any kind of reasons to celebrate and summer is for enjoying. The biggest summer festivity is undoubtedly midsummers eve. It's on the first Saturday after the 19th

of June, and it's called Juhannus in Finnish. During this celebration the towns become quiet and in the "Nightless Night" people burn bonfires all over Finland to celebrate Juhannus.

## Fun facts about Finland

Population: 5,3 million.

Density: 16/ km<sup>2</sup>

Capital: Helsinki.

Currency: Euro

Time zone: +2 UTC/GMT

Calling code: +358

Most common male name: Juhani

Most common female name: Maria

Most common last name: Korhonen

Hottest temperature: 37.2 °C

29.7.2010 Joensuu, Liperi.

Coldest temperature: -51.5 °C

28.1.1999 Kittilä, Pokka.

## Finnish history in very short

Finland has been part of Sweden and Russia, but even before that, right after the last ice age, there have been settlements in Finland.

Finland was first part of Sweden. Finland became a sore topic between Russia and Sweden in the 1100 century, as this little patch of land was an access to the Baltic Sea for Russia. It was only a matter of time before Russia took Finland over in 1809 and made it an autonomous grand duchy. Finland declared itself independent on 6th of December 1917 and was recognized as independent country by other countries on the 4th of January 1918. The Independence Day of Finland is on the 6th of December.

Quite soon after it's independence Finland had a civil war and fought in World War II.

Finland became a member of the United Nations in the 1955 and it also

joined OECD in 1969. Finland joined the European Union in 1995.

Finland's capital is Helsinki, which is roughly an hour car drive along the highway or 45 minutes by train from Lahti.



Photo: Petri Sirkkala, Sumua Sasissa.

# Lahti



Photo: Ilona Reiniharju, Vesijärvi Harbour summer 2009

## About Lahti

Lahti is founded 1.11.1905, and it hasn't been very long since the city had its 100 year birthday. Lahti is located at a crossroad of different transportation routes; highway and railroad. Lahti has great access to waterways but that has become less used for transporting goods, and more for leisure.

Lahti is Finland's 8th biggest city and Lahti has been developing itself to become a very environmentally aware city. It wishes to become involved in an international network and through this, help create an environmentally aware city. Lahti also wants to increase the environmental awareness and it's looking in to more energy efficient solutions Lahti encourages environmentally aware schooling and also encourages interest in sustainable development.

One of Lahti's best qualities is the clean good tasting tap water. This is a benefit from the sandy hills that make the most of the city's profile.

If you arrive in the winter or early spring remember that we have little sunlight and the weather is cold, sometimes the temperature drops even to  $-30^{\circ}\text{C}$ .

## Fun facts about Lahti

Population: 101 665 (2011)

8th biggest city in Finland.

Noted landmarks: Jumping towers and radio masts.

## Look into Lahti's history

As mentioned in Finland's history that the country has had population ever since the stone age. Lahti is partially an archeological a digging site for some stone age artefacts. If you visit the skiing museum you will learn more about this history.

Lahti has had inhabitants, since the stone age, but it became a city just before the independency of Finland. It is said that Lahti was founded by the power of beer, breweries that needed workers actually created the city. Lahti still has something left from the brewery history. For example a company called Hartwall and a small brewery Teerenpeli (which I could recommend...).

Lahti has long been as a recognized wood working city. Lahti has some of the biggest furniture manufacturers and wood refineries in Finland. Lahti also had glass factory which was, for

some time, the biggest in window glass producing factory in Finland, but has since scaled down and is now owned by Pilkington.

The market square of Lahti has a very long history, maybe not as a place but as an event. It was proposed to the Swedish crown in 1672 parliament that Lahti would be allowed to have a market on the 1st and 2nd day of august. They got permission, and still today the market is held first Wednesday of every month.



Photo: Tiina Rekola, Lahti Sports Centre in winter

# Lahti Institute of Design and Fine Arts



Photo: Lilli Sirkkala, Lahti Institute of Design and Fine Arts 2011

## About the university

Lahti Institute of Design and Fine Arts takes care of its students and encourages them to excel, simply because if the students get far so will the school. The school expects nothing less from its exchange students as it expects from local students.

The school has multiple workshops for its students, metal and wood workshops are two of the most favoured among exchange students. However the school's cafeteria doesn't always serve the people's favourite food, some have been surprised by the amount of dairy products used. On the other hand people have found the food good and everybody agrees that it's cheap.

The school is a part of a bigger corporation called Lahti University of Applied Sciences, the star shaped swirly logo is the logo of this bigger

company. It makes it possible to cooperate with the different branches within the huge corporation, which isn't all bad.

It is said that the school is driven by its young energy from the students. This makes it possible to create something new.

## Dean

Tuija Liljander

## Principal lecturers

Ari Känkänen - Design

Pauliina Pasanen - Communication

Marja Lampainen - Common basic studies

## Other things

The school building itself consists of 3 buildings meshed together by hallways. All the buildings have a slightly different structure and have different things inside of them. You can see more of these differences and what's in each building in the floor plan.

The atmosphere in the school can seem very casual to an exchange student. It's not uncommon that a student or a senior lecturer is referred to by their first name. This does not mean that the students do not respect their lecturers, but it makes studying just a little bit freer and that can be noted at the entire environment. You are free to work as much as you want, night time work permits are a good example of this. And if you have a strong opinion or view, all the better. The school likes people with goals.

The only thing that is upsetting is if the student isn't happy or excited about his/her studies, because then it's harder for the course leader to get excited and driven on the topic. So we wish dearly that you will find the thing you want to do in our school and we will go quite a distance to help you find it.

Most of the schools staff speak English, and if they don't they will find someone who does. I do encourage you to ask if you need help, as said before; Finns are very helpful.

## Welcome to our University!



Photo: Lilli Sirkkala, Lahti Institute of Design and Fine Arts 2011

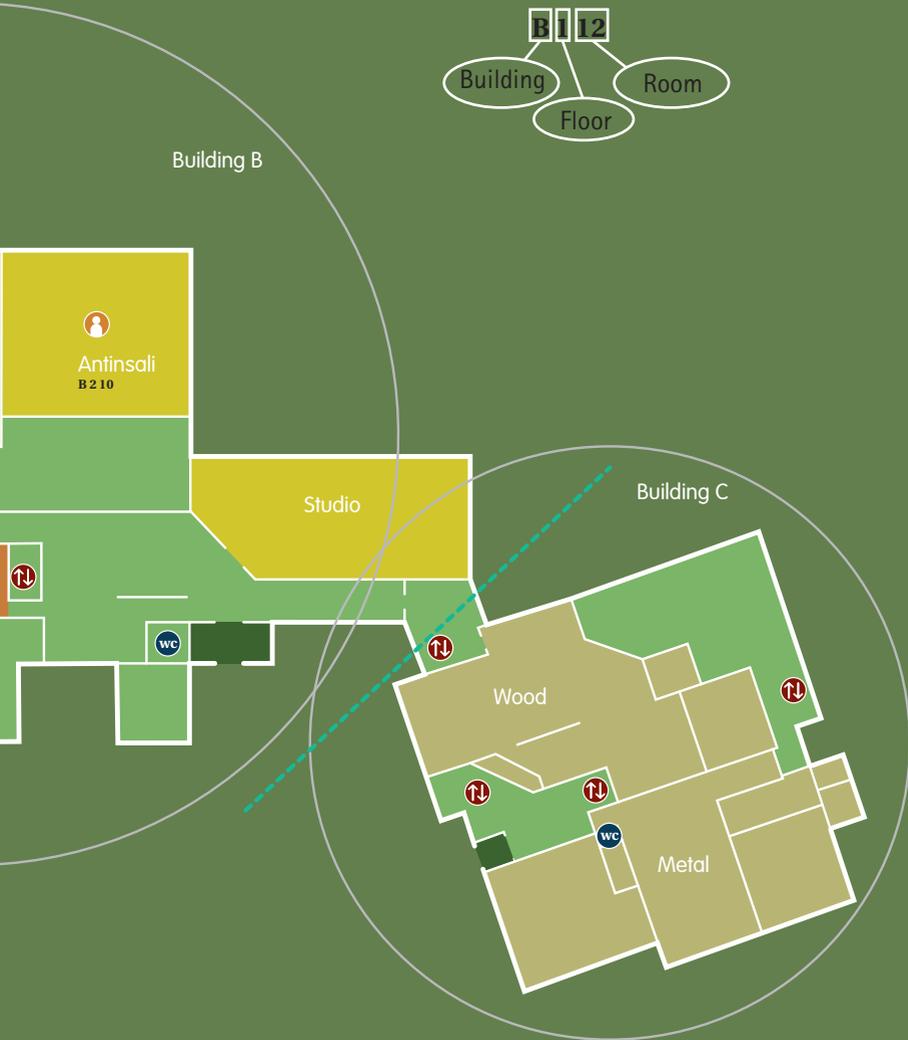


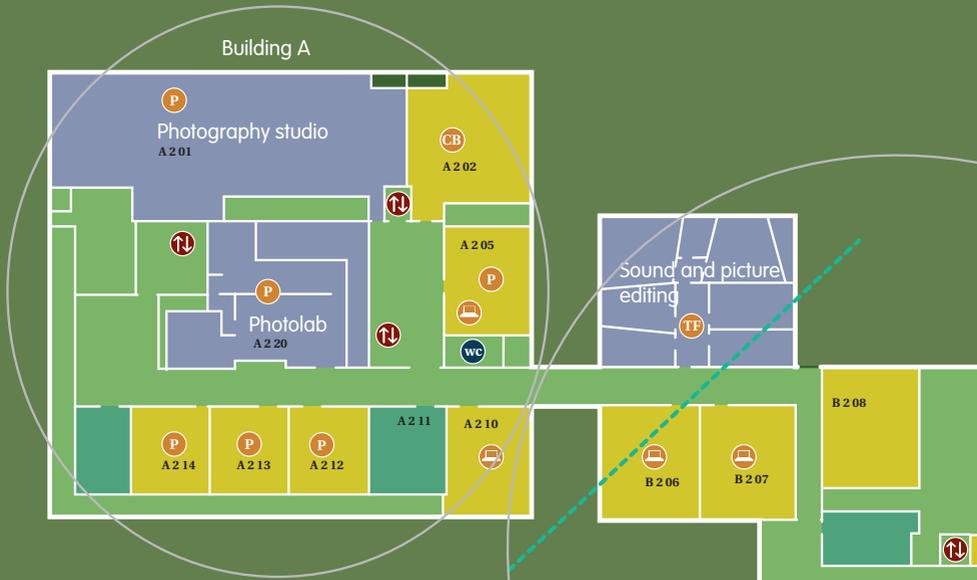
# Floor Plan 1st Floor

Buildings ABC

(1st floor is the ground floor)

Classes are marked as followed:





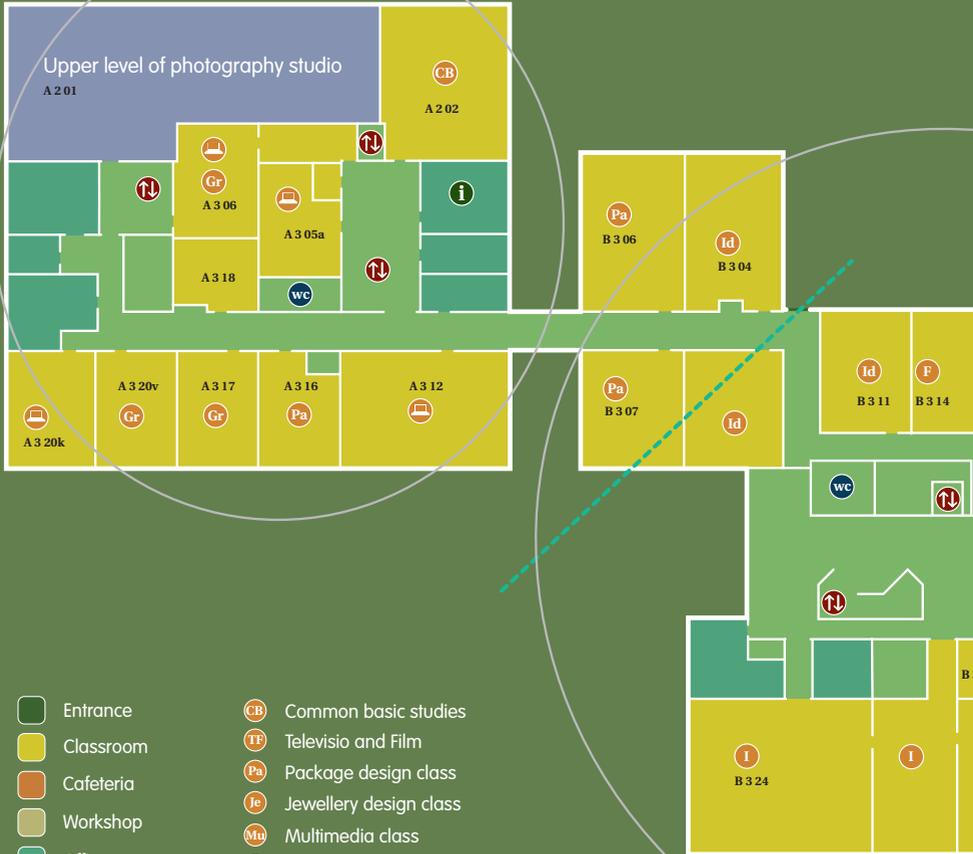
- |  |                      |  |                         |
|--|----------------------|--|-------------------------|
|  | Entrance             |  | Common basic studies    |
|  | Classroom            |  | Television and Film     |
|  | Cafeteria            |  | Package design class    |
|  | Workshop             |  | Jewellery design class  |
|  | Office               |  | Multimedia class        |
|  | Special classroom    |  | Graphic design class    |
|  | Toilet               |  | Fashion design class    |
|  | Info hot spot        |  | Interior design class   |
|  | Elevator/stairway    |  | Photography class       |
|  | Computer class       |  | Furniture design class  |
|  | Lecture hall         |  | Industrial design class |
|  | International Office |  |                         |

# Floor Plan 2nd Floor

Buildings ABC



## Building A



- |  |   |
|--|---|
|  Entrance               |  Common basic studies      |
|  Classroom             |  Televisio and Film       |
|  Cafeteria            |  Package design class    |
|  Workshop             |  Jewellery design class  |
|  Office               |  Multimedia class        |
|  Special classroom    |  Graphic design class    |
|  Toilet               |  Fashion design class    |
|  Info hot spot        |  Interior design class   |
|  Elevator/stairway    |  Photography class       |
|  Computer class       |  Furniture design class  |
|  Lecture hall         |  Industrial design class |
|  International Office |   |

# Floor Plan 3rd Floor

Buildings ABC



# The Departments

## How do they work

I will now share some insights about our departments. You are not likely to find this information in any conventional guide.

Our goal is to get you to develop as a student and enjoy your stay at our school.

You shouldn't contact these people until you're studying in Lahti Institute of Design and Fine Arts. As before you arrive, you will only be dealing with our International Office, which will be introduced later in here.

But when you arrive here and start studying in your department, you are free to contact them, preferably through mail, but in case of emergency also by phone.

## Department

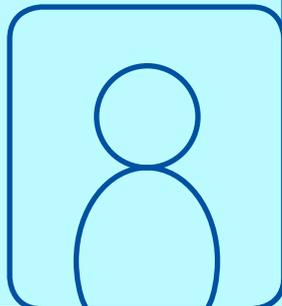
Short personalized description of the department. You won't find it quite like this in any other guide. All departments take part in company cooperation projects, this is one of the reasons that we stand out in evaluations.

## Go to person

Person to contact about the topics in the department your studying under.

Has the persons contact information and an idea what kind of a person he/she is to approach.

And a picture to the right.



## Industrial design

Our schools industrial design differs a bit from the general European model. It has both vehicle design and product design, as well as service design, in the plan. Our focus is more in the making rather than in the academic approach. You will get to do actual products in here, as long as you feel like working!

### Go to person

Sami Hyyryläinen  
Head of Industrial Design  
Easy to approach, quick and decisive.  
sami.hyyrylainen@lamk.fi  
+358 44 708 0226



## Multimedia

We focus on digital media. A multimedia student first studies the basic tools and the 'expression language' of multimedia. They advance in second year to user interfaces and usability and also learn dramaturgy and how to create storyboards. This is followed in third year with movie equipment and short film making. Fourth year is for gaining expertise in a selected field of studies and the graduation project.

### Go to person

Arto Kutvonen  
Multimedia Lecturer  
Easy to approach, sciency character  
arto.kutvonen@lamk.fi  
+358 44 7080001



## Interior Design

Our department has long history in Interior Design, in Finland. Our bachelors studies takes 4 years, as a comparison to studies at the Aalto University, School of Art and Design the similar level studies takes 3 year. Here, our students receive greater knowledge and skills from their more thorough studies to start their career in the work environment.

### Go to person

Tom Johansson  
Head of Interior Design  
Calm and easy to approach.  
tom.johansson@lamk.fi  
+358 44 708 0002



## Fashion design

Important thing to remember is that we train professionals in the commercial and industrial aspects. We have designers from the top of Finnish fashion coming in to teach our students, which ensures that we stay at top of our game and that our teaching is up-to-date.

### Go to person

Esa Lukala  
Head of Fashion Design  
Carries an air of authority.  
esa.lukala@lamk.fi  
+358 50 526 5854



## Jewellery design

This department will create an idea for students of what a goldsmithing career in Finland truly is. The department also gives a face to the industry. We are a one-of-a-kind department in Finland. We appreciate people who know what they want to do and we wish to help them to achieve their goals.

### Go to person

Immo Lahtela

Head of Jewellery Design

Easy to approach, has your back kind of guy.

[immo.lahtela@lamk.fi](mailto:immo.lahtela@lamk.fi)

+358 50 403 6842



## Graphic Design

We give to our students a good base in all graphic design skills, that is why we do not focus on one tool of the trade. We take extra care to make the exchange students feel welcome and settled in our department. We make sure that the exchange student has the knowledge and the equipment he needs to study here.

### Go to person

Kari Ojapelto

Head of Graphic Design

Supportive and strong personality.

[kari.ojapelto@lamk.fi](mailto:kari.ojapelto@lamk.fi)

+358 44 708 0123



## Photography

We're currently undergoing some major changes at our department and it's defining it quite a bit. Photography will stay but we will get more studies under the topic of motion pictures and multimedia. We differ and excel from other departments in Finland by our versatile and professional-based studies.

### Go to person

Anu Akkanen  
Head of Photography  
Professional to the bone.  
anu.akkanen@lamk.fi  
+358 44 708 0131



## Packaging and Graphic Design

We're the only Packaging design department in Finland. The department is a various expertise omnivore. For example it can use some qualities from graphic design and combine them with industrial design skills, because of this the department needs to be flexible.

### Go to person

Marja Lampainen  
Head of Packaging and Graphic Design also the  
Principal Lecturer of Basic Common studies  
Warm strong personality.  
marja.lampainen@lamk.fi  
+358 50 526 5863



## Furniture Design

We design furniture or furniture-like objects. The less you know about the heavy burden of the furniture tradition the more fruitful we believe your studies here will be, though it would help to know how to use tools to make furniture, even if it's not an obstacle.

### Go to person

Harri Kalliomäki  
Head of Furniture design  
Sharp character, easy to approach.  
harri.kalliomaki@lamk.fi  
+358 44 708 0081



## Film and Television

This department will merge in to other departments by 2014, so no new students are being accepted to here, but it is still open for exchange students until 2013. We have a strong pedagogic base for our teaching. We keep an open discussion with the students, who through this way bring new ideas to the department.

### Go to person

Erkki Perkiömäki  
Head of Film and Television  
Both feet firmly on the ground.  
erkki.perkiomaki@lamk.fi  
+358 50 561 9614



# Student works and work places



Photo: Lilli Sirkkala. Work: 1st year industrial design student group work 2011



Photo: Lilli Sirkkala. Work: Packaging design class wall, filled with works for Student Starpack 2011 competition.



Photo: Nora Tobiasson. Work: Aino Sipilä (Jewellery design)



Photo: Jussi Särkilahti. Work: Linda Shun Shih (Jewellery design)



Photo: Jussi Särkilähti. Work: Juhani Salonen (Jewellery design)



Multimedia: Heistman, Dragon, 2007.



Multimedia: Erämaa, Light at the End of the World 2007.



Multimedia: Urhman, Birch Grove 2007.





Photo: Maarit Mustonen, Romantic Scenery.



Photo: Petri Uutela, Black and White.



Photo: Anu Akkanen, Genral pictures of Lahti Institute of Design and Fine Arts autumn 2009



Wood workshop in Lahti Institute of Design and Fine Arts 2011.



Metal workshop in Lahti Institute of Design and Fine Arts 2011.

## Other useful information



**Miia Tuominen**  
International Study Planner



**Heikki Saros**  
International Coordinator

### Orientation info in short

If you missed the original orientation that is held in the beginning of each semester, don't worry, you'll find a lot of the information right here.

### Essi Sikanen

Is the mentoring and tutoring lecturer for exchange students. She will help you build up your study schedule after you have discussed your options with department heads. These meetings are arranged after you arrive in our university.

You shouldn't get worried even if your schedule is still quite open after being here for a week. As the school does a lot of cooperation projects with different companies it has to be flexible in it's times and it also

dictates quite a lot of the content of various courses.

### Heikki Saros

You probably know him already, he is the main character in most of the international affairs in our school. Which makes him a very busy person, so sometimes it's better option to contact Miia Tuominen instead.

### Miia Tuominen

The international study planner. She is the person to go to when you need documentation about your studies. Also general information is in her area. She's also happy help in all problematic situations.



**Essi Sikanen**  
Mentoring and Tutoring  
Lecturer



**Kari Halme**  
Laboratory Master

### **Kari Halme**

The Laboratory Master, he is the one who is in charge of the paper storage and can give you advice on the printing and how to bind a book.

### **Good to know**

To access the schools computers you will need a user name and a password, these will be given to you once you arrive. You'll be prompted to switch your "salasana" (password) on your first login. Yes, it will be in Finnish.

### **Thou shall not pass on thy password!**

It's not emphasized enough how much things can go wrong if the wrong person gets their hands on your user account.

Also if you want to connect your own devices to the school network you have to have it checked by the school staff first for viruses etc. To access the web you may freely use the blue network cables in classes. They are called "Vieras" (guest) cables. The school has also a wireless network, but it requires you to sign in with your user name and password.

The school has a nurse on service at Svinhufvudinkatu 2 A in Lahti. To see the nurse is free and she will decide if you need further attention. You can contact even a dentist through there or a psychologist if that is needed.

The school offers all exchange students, a Finnish language course.

When you arrive to our school you will be given a certificate of studying

which will allow you to receive several different discounts.

To open a bank account in Finland you need your student certificate and your passport, Nordea in particular is very good for exchange students.

You will receive upon arriving a printing allowance of 18 euros and you can eat the lunch in the school cafeteria for a discount price. Spring 2011 the price was 2,50 for salad, main course, drinks and bread.

If you run out of your printing allowance, you can always get more from the cafeteria. First you pay the wanted amount to the cafeteria staff (minimum of 5 euros) and then take your receipt to Jouko Mattila in his office at the second floor. The office is in Antinsali, his door is close to the entrance to Antinsali. Jouko Mattila will then add the amount you paid to your user account.

## Useful links

Lahti University of Applied Sciences home page

<http://www.lamk.fi/>

Lamk fact sheet

[http://www.lamk.fi/material/luas\\_fact\\_sheet\\_2011.pdf](http://www.lamk.fi/material/luas_fact_sheet_2011.pdf)

Class Schedules

<http://ressu.lpt.fi/>

Study material

<http://reppu.lamk.fi/>

School email

<https://webmail.lpt.fi/>

Winha

<https://winhawebsite.phkk.fi/lwille/>

# Useful Finnish words

## School

Toimisto .....	Office
Luokka .....	Class
Salasana .....	Password
Yötyöluupa .....	Permission to work over night

## Groceries

Hienosokeri, taloussokeri .....	Fine sugar, household sugar
Maito .....	Milk
Leipä .....	Bread
Kahvi .....	Coffee

## Tools

Vasara .....	Hammer
Saha .....	Saw
Viivoitin .....	Ruler
Kynä .....	Pen
Pensseli .....	Brush

## Other useful words

Päivää .....	(Good) day
Huomenta .....	(Good) morning
Iltaa .....	(Good) evening
Hyvää yötä .....	Good night
Kiitos .....	Thank you
Ole hyvä .....	You're welcome
Anteeksi .....	Excuse me/I'm sorry
Lisää .....	More
Anna .....	Give
Ei se mitään .....	It's okay, no harm done
Rakastan .....	I love
Apua! .....	Help!
Suljettu .....	Closed
Auki .....	Open

## Useful phrases

Minun nimeni on -----	My name is -----
Olen vaihto-oppilas	I'm an exchange student
Missä olen täällä kartalla?	Where am I on this map?
Tuonne päinkö?	That way?

## Places

Satama	Harbour
Poliisilaitos	Police station
Posti	Mail office
Sairaala	Hospital
Kahvila	Cafe
Ravintola	Restaurant
Kauppa	Store
Koulu	School
Rautatieasema/Juna-asema	Railroad station
Linja-autoasema/bussiasema	Buss station
Lentokenttä	Airport
Tori	Market square

## Not so useful words/phrases

Juoksentelilisimmeko?	Shall we run around aimlessly?
En puhu Suomea	I don't speak Finnish
En ihan oikeasti puhu Suomea	I seriously don't speak Finnish

# Finnish Bank holidays

## Free days

Finnish bank holidays are referred as red days in Finnish speech. This is because these days are marked red in the calendars. During these days almost all the shops are closed and hospitals take only emergencies. Yes, even the Lahti Institute of Design and Fine Arts is closed and students can work on their projects...

The bank holidays timed on Sundays won't show in this list, but they will not affect the daily living much more than any normal Sunday.

Many bank holidays do not have an exact date. I recommend you to ask for these dates when you arrive. They do not necessarily follow the European order.

Date	In English	In Finnish
1.1.	New Year's Day	Uudenvuodenpäivä
6.1.	Epiphany	Loppiainen
	Good Friday	Pitkäperjantai
	Easter Sunday	Pääsiäispäivä
	Easter Monday	2. Pääsiäispäivä
1.5.	May Day, Labour Day	Vappu, suomalaisen työn päivä
	Ascension Day	Helatorstai
	Whitsunday	Helluntaipäivä
	Midsummer Eve	Juhannusaatto
	Midsummer Day	Juhannuspäivä
	All Saints' Day	Pyhäinpäivä
6.12.	Independence Day	Itsenäisyyspäivä
24.12.	Christmas Eve	Jouluatto
25.12.	Christmas Day	Joulupäivä
26.12.	Boxing Day	Tapaninpäivä

## Locals recommend

### Lahden taide-kehys

Can provide service in English and gives 15% discount to students from art supplies. The store also frames artwork but the discount doesn't apply to that. The net site is completely in Finnish, but at least you can find the opening hours from there.

[www.lahdentaidekehys.com](http://www.lahdentaidekehys.com)



### Amarillo

A nice restaurant, has decent price options and on Wednesdays between 6-8 PM you can have 2 meals for the price of one as a student, so make sure you have at least one student card with you. Students get tea or coffee for 1 euro anytime. The restaurant is located in the center of Lahti.

### W

A small bakery store, the actual bakery is actually located in Heinola, but fresh product is brought here. Found on Hämeenkatu 18.





## Furat

A grocery store for those with more eastern European taste. Can be found in the corner of Verijärvenkatu and Kulmakatu.

## Kauppahalli

Place to shop for fresh groceries and delicacies for example Finnish cheese and imported cheese. This place is open monday to Friday from 08-17 and on Saturdays form 08-14:30. It's a long hall way trough the building right next to the market square.



# Updating

## Help us keep this up-to-date

To keep this booklet up-to-date we need a decent amount of feedback. So as soon as you notice a mistake in here, please let us know about it.

We will then make sure that the problem is forwarded and fixed. Hopefully we have a better guide by next semester.

You can contact us trough:

[idiinternational@lamk.fi](mailto:idiinternational@lamk.fi)



